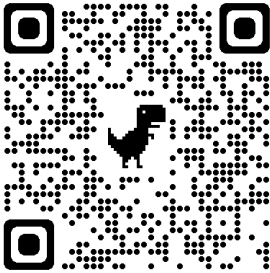


Step 1- Extent Local Wellness Policy Complies with USDA Requirements and Compares to a Model Policy Tracking Tool
(make a copy for your own use)

Component	Description
<p>Select the Tool used for model LSWP comparison, upload the assessment in your folder: If another tool was used, list it here.</p>	<div style="border: 1px solid #ccc; padding: 5px; margin: 5px 0;"> <ul style="list-style-type: none"> Alliance for a Healthier Generation 10-step Checklist The WellSAT 3.0 School Assessment Tool </div>
<p>Areas of Strength:</p>	<p>1. Solid Policy with good outline of what we should be doing.</p> <p>2. All PK-10 students are required to take a physical education class and 11-12 have the opportunity.</p> <p>3. We offer a second chance breakfast for 7th-12th graders.</p>
<p>Opportunities for Improvement</p>	<p>1. Having a committed team to the Wellness policy, this was lost during COVID</p> <p>2. Providing time to the team to work and present to stakeholders.</p> <p>3. Options for more healthy snacks and alternatives to soda</p>
<p>As a result of the comparison, was new language adopted in the LSWP?</p>	<p><input type="checkbox"/> Yes</p> <p><input checked="" type="checkbox"/> No</p>
<p>If yes, briefly describe what was adopted (include page numbers for new language if possible),</p>	<p><input type="checkbox"/> Yes</p>

Component	Description
<p>Have the changes been approved by the school board?</p>	<p><input type="checkbox"/> No</p>
<p>Describe the next steps for strengthening your LSWP.</p>	<p>Establishing a wellness committee that meets on a consistent basis.</p>

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Discussion/Notes:

Step #2: Progress in Reaching LSWP Goals Template

Goal As defined by your LSWP	Was the Goal Met? Yes/ Partially/ No	What Was Achieved? Describe how you achieved this goal	Documentation Share documents (as links or attachments) used to measure LSWP implementation
<p>USDA wellness policy goals outline that 3 goals must be included, 1) nutrition goal, 2) physical activity goal, and 3) other student wellness goal, additional goals are <u>optional</u></p>			
<p>1. Nutrition Education Goal(s)- record goal -OR- Nutrition Promotion Goal(s)- record goal</p>	<p>Nutrition Promotion Goals have been met</p>	<p>Posters in our lunch room. Staff participated in an eating breakfast is important competition supported by the state.</p>	<p>https://drive.google.com/file/d/11knCMcRno7cfsqHG1kNAVedy9o71kzlu/view?usp=sharing</p>
<p>2. Physical Activity Goal(s)- record goal</p>	<p>Yes</p>	<p>Students PK-10 receive PE everyday.</p>	<p>https://drive.google.com/file/d/1p8nLyzNt_InLm7SFUo_I5yZKj_8IElea/view?usp=sharing</p>
<p>3. Other student wellness Goal(s) - record goal, <i>this is often where goals to support SEL and Mental health or staff wellness could be included</i></p>	<p>Working, promoting, and using our local green house with students working and receiving food from greenhouse</p>	<p>Students continue to work in greenhouse but understanding the importance of the food they grow in relationship to our lunch program is lacking</p>	
<p>Additional Goal(s) Add more rows as needed</p>			

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Step #3- Extent of Compliance for All Schools with the LSWP

(Make a copy for your use)

Policy Area (Write the requirements included in your LSWP in the column below)	Not Met (Number of Schools)	Partial Compliance (Number of Schools)	Full Compliance (Number of Schools)
Nutrition Education/Promotion Goal(s)			PK-12
Physical Activity Goal(s)			PK-12
Healthy Snacks and Celebration food meet guidelines		PK-12	
Non-goal related requirements of LWP- outline how you are meeting these elements in your LPW and the levels of compliance			
<u>Federal/State Meal Standards</u> are Met			PK-12
Foods Offered but Not Sold to Students Standards			PK-12
Food and Beverage Marketing (<u>SMART Snacks regulations</u>- ala carte and vending, food sales during the school day)		7-12	PK-6

District LSWP Components	For the components below, indicate whether the district is in compliance.
Public Involvement- how was the public included in LWP development? (parents, community members, etc.)	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Public Notification- how are you notifying the public about your assessment results?	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No
Triennial Assessment- is this posted publicly? Provide the link	<input checked="" type="checkbox"/> Yes <input type="checkbox"/> No https://drive.google.com/drive/folders/13DfVnadCqTA_0iCECmvTihKLoft1XDtK

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Questions, contact: jessie.coffey@nebraska.gov

Step #4: Sharing Your Success

Triennial Assessment Report to the Public (Public Notification is Required)

Part #1- Post results of the wellness policy assessment

Part #2-Post results on progress made in meeting your 3 district wellness policy goals at BOTH:

- 1) District
- 2) Each building

Identify steps taken to meet unmet goals or policy elements and how you will update Wellness policy goals (likely from 2017) to reflect current programs and practices.

Document how you will update the public below, and provide the link(s) to public updates of the triennial assessment results- *provide links to your documentation*

Updating the Public

Target Audience(s)	Method	Date
Stakeholders	Newsletter	Will complete 08/24
Staff	Inservice	Will complete 05/24
Students	Assembly	Will complete 08/24
School board	Regular Board Meeting	Will complete by 08/24
Link to the district website to meet public notification requirement	https://www.litchfieldpublicschools.org/	

Target Audience(s)	Method	Date
Parents/Caregivers, teachers, community partners	School Newsletter	5/30/2022
District School Board	Presentation during School Board meeting	6/1/2022
Community Partners	Presentation during District Wellness Committee meeting	5/25/2022
Parents/Caregivers	Presentation during Open House event	5/25/2022

When updating the public, include a link to your wellness policy and an email contact the public can ask questions. **Post a summary to one of your district's main pages so patrons can easily see your updates, consider including pictures of students and staff participating in wellness activities** To return to the Triennial Assessment overview document, [click this link](#)

Nebraska Department of Education, Office of Coordinated Student Support Services

Adapted from the Let's Eat Healthy Program resources Questions? jessie.coffey@nebraska.gov